

Moderate Sedation Pre-Sedation Patient Instructions

For the safe treatment of the patient, the following pre-sedation instructions must be followed very carefully. Failure to follow the instructions will result in cancellation of your appointment.

Food and Beverages

- **Nothing to eat or drink for 8 hours** prior to dental procedure with the exception of water and clear fluids such as: apple juices without pulp and clear tea, but NOT alcohol
- **Stop drinking clear fluids 2 hours** prior to dental procedure

Medications

- It is essential to discuss with your dentist whether or not you should take medication(s) you otherwise take on a regular basis

Clothing

- Wear loose casual clothing for your appointment (e.g., short sleeve t-shirt)

Smoking

- Refrain from smoking prior to treatment

Transportation

- A responsible adult with a vested interest in your safety must accompany you home in a car or taxi
- A taxi driver does not count as your escort

Change in health status

- If your general health deteriorates (e.g., cold, cough, fever, etc) contact the dental office prior to the day of the appointment. If in doubt, please phone the office to report the change in your health status.

If you have any questions, please do not hesitate to ask them. It is important that you understand the circumstances surrounding this treatment.